

Peanut Butter and Jelly

Traditional

5 Pea-nut, Pea-nut but-ter, Jel-ly; Pea-nut, Pea-nut but-ter, Jel-ly;

7 First you find some pea-nuts and you dig 'em, dig 'em
 Next you find some grapes—and you pick 'em pick 'em
 Then you take your sand-wich and you eat it, eat it,

9 dig 'em dig 'em dig 'em, then you crush 'em, crush 'em,
 pick 'em pick 'em pick 'em then you smash 'em, smash 'em,
 eat it, eat it, eat it then you chew it, chew it,

11 crush 'em, crush 'em, crush 'em, then you spread 'em, spread 'em
 smash 'em, smash 'em, smash 'em, then you spread 'em, spread 'em,
 chew it, chew it, chew it, then you swal-low, swal-low,

14 spread 'em, spread 'em, spread 'em. Pea-nut, Pea-nut but-ter, Jel-ly;
 spread 'em, spread 'em, spread 'em. Pea-nut, Pea-nut but-ter, Jel-ly;
 swal-low, swal-low, swal-low. Pea-nut, Pea-nut but-ter, Jel-ly;

Pea-nut, Pea-nut but-ter, Jel-ly!
 Pea-nut, Pea-nut but-ter, Jel-ly!
 Pea-nut, Pea-nut but-ter, Jel-ly! Mmmm! Mmmmm!

HAND MOTIONS FOR SONG:

"Peanut, Peanut Butter" - make a flicking motion up and to the left with the fingers of both hands.

"Jelly" - move hands down and to the right and shake them.

Digging the peanuts - Make a digging motion as if digging in the dirt with with a small shovel in each hand

Crushing the peanuts - Pretend to crush the peanuts with your hands

Spreading the peanuts - Pretend to spread the peanut butter or jelly with your hands.

Picking the grapes - Pretend to be picking grapes from the vine

Smashing the grapes - Same motion as crushing the peanuts

Spreading the grapes - Same as spreading the crushed peanuts

Eating the sandwich - Pretend to take a bite of the sandwich

Chewing the sandwich - make a chewing motion as you say the words

Swallowing the sandwich - make a gulping sound after each time you say swallow