

# Esther the Brave Queen

# LOWER ELEMENTARY LESSON

**Theme:** God is always at work behind the scenes.

Scripture: Esther 4:14

Memory Verse: "And who knows, maybe you have been chosen to be the queen for

'such a time as this.' " Esther 4:14b

**Get Ready:** Click <u>here</u> to get your complete supply list for this lesson.

# The Children's Sermon

#### You'll Need:

A hero cape

# **Do This:**

SAY: Who is your favorite superhero? (Let children respond as you put on the cape.)

Our lesson today is about Esther, a beautiful young Jewish woman who became a

queen and saved her people from being destroyed by an evil enemy. I think she

would definitely fit into the category of Super Hero.

Esther was Jewish, and she lived with her cousin Mordecai after both of her parents died. She was kind, smart, and loved by everyone who knew her.

One day, the king of the land, King Xerxes, wanted to find a new queen. He invited many young women to his palace, and one of them was Esther. The king liked Esther so much that he made her his queen. Esther was very happy but also a little scared because she had to keep her Jewish identity a secret.

There was a bad man named Haman who worked for the king. Haman did not like Esther's cousin Mordecai or the Jewish people. He made a plan to hurt them. When Mordecai found out about this plan, he was very worried and told Esther.

Mordecai asked Esther to talk to the king and save their people. But Esther was afraid because anyone who went to see the king without being invited could be punished. Even though she was scared, Esther knew she had to be brave to help her people. She asked Mordecai and all the Jewish people to pray for her.

With a brave heart, Esther went to see the king. The king was happy to see her and asked what she wanted. Esther invited the king and Haman to a special dinner. During the dinner, she told the king about Haman's bad plan and revealed that she was Jewish. The king was very angry with Haman and stopped his plan.

Because of Esther's bravery, the Jewish people were saved, and everyone celebrated. They were so grateful for Esther's courage and kindness.

Today, we're going to learn more about Esther, the power of being brave and standing up for what's right.

PRAY: Dear God, thank You for brave people who spread Your Word and thank You for all of the heroes of the Bible. Thank You for Your protection against evil and for making us brave. In Jesus' name, amen.

# Bible Memory Verse

"And who knows, maybe you have been chosen to be the queen for 'such a time as this.' " Esther 4:14b

#### You'll Need:

- Bibles 1 per child
- "Crowned" handout 1 per group
- Scissors

**Get Ready:** Before class, print the "Crowned" handout, one for each group, and cut the elements to make a set for each group.

# **Do This:**

Lead kids in these steps:

- Invite one child to read Esther 4:14b out loud to the class.
- Form 2-3 small groups and give each group a set of crown cards.
- Explain that when you say, "Go," kids will have to work with their team to put today's Bible memory verse in order.
- The first group to put the crowns in order wins.
- Play several rounds as time allows, removing one crown from each group's card set each round.

#### ASK:

- How did Esther show she was brave?
- How did Esther's bravery help her people?

• Who can you talk to when you need to be brave?

SAY: Great job learning today's Bible memory verse! Esther had to be brave in order to save the people she loved from the evil Haman. Let's learn more about that now.

# Bible Interactive Experience

#### You'll Need:

- A Bible
- Jumbo craft sticks 3 per child
- Markers

### Do This:

Lead kids in these steps:

- Read the summary of Esther from today's Children's Sermon out loud to the class.
- Give each child 3 jumbo craft sticks and invite them to draw Esther, King Xerxes, and Haman on each of the 3 sticks.

SAY: Today we're learning that in order to save her people from Haman, Esther had to be brave.

• Explain that you're going to read today's Bible passage again. This time, kids will use their craft stick puppets to act out the passage as you read it out loud.

SAY: Being brave isn't always easy. For Queen Esther, it meant life or death for her and her people. But when we follow Jesus, He makes us brave, and we can give Him all the glory.

#### ASK:

- Have you ever been chosen for a special job like Esther?
- Tell about someone you know who is brave.
- Why is it important to speak up for what is right, even if it's scary?

# Esther the Brave Queen

#### You'll Need:

- "Esther the Brave Queen" video lesson
- Something to play the video

### Do This:

Show the video.

### ASK:

- Why is it important to be brave like Esther?
- Tell about a time when you had to be brave.
- How did Esther prepare herself to be brave and talk to the king?

# Brave + Bejeweled Bites

### You'll Need:

Fruit snacks

#### Napkins

**Get Ready:** Have kids wash their hands before the snack.

#### Do This:

Follow these steps to enjoy the "Brave + Bejeweled" Snacks:

- Give each child a napkin and a package of fruit snacks.
- Invite kids to pretend the fruit snacks are jewels from a crown.
- Have kids share with a peer about an act of bravery, or a time they had to be brave before they eat each jewel.
- Enjoy.

#### ASK:

- What do you think of when you think of bravery?
- What can you do if you feel scared but need to be brave?
- How can we help others be brave when they are feeling scared?

SAY: Even Esther the Queen found herself facing something really big and really scary. When we come across circumstances that feel too big to face on our own, we have God right alongside us every step of the way. We can be brave like Esther because God makes us brave.

# **Virtual Lesson Tip**

You can do this activity with the entire family.

# Let My People Go

#### You'll Need:

• A large playing area

#### Do This:

Follow these steps to play the "Let My People Go" game:

- Have kids line up at one end of the classroom and pick one child to be the tagger.
- Have the tagger stand in the middle of the room facing the kids.
- Explain that when you say, "Go," kids will run from one end of the room to the other and try to avoid being tagged.
- If they're tagged, they'll have to go to the designated corner.
- As the rest of the kids are running, they'll need to be brave and try to save kids
  who have been sent to the corner, by getting them and running to the other side
  of the room to safety with them (pulling them back into the game.)

### ASK:

- Why did Esther need to be brave?
- How can you help your friends be brave, just like Esther helped her people?

SAY: Just like Esther was brave and found a way to save her people, God gives each of us the courage we need to be brave too.

# Courage Crown

### You'll Need:

- Cardstock
- "Courage Crown" handout 1 per child

- Markers
- Craft jewels
- Glue sticks
- Scissors
- A stapler

Get Ready: Before class, print the "Courage Crown" handout, one for each child.

### Do This:

Lead kids in the following steps to make the "Courage Crown" crafts:

- Give each child a "Courage Crown" handout, markers, and scissors.
- Invite kids to color their courage crown.
- Cut out the courage crown.
- Once it's cut out, invite kids to decorate the crown with craft jewels.
- Help kids assemble the crowns by stapling them at the connecting seams.

SAY: Great job making your Courage Crowns! Take these home as a reminder that when hard things come our way, God makes us brave if we rely on Him.

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# **Brave Fort Prayers**

### You'll Need:

- A large playing area
- Several chairs

#### 2-3 bed sheets

**Get Ready:** Before the activity, set up several chairs in a large circle, facing outward. Use the bed sheets to cover the tops of the chairs to make a fort.

#### Do This:

Lead kids in these steps to pray:

- Invite kids to join you in the brave fort.
- Ask kids to share some things they need God to make them brave for, and pray for courage in each of these things.
- Close in prayer.

PRAY: Dear God, thank you for making us brave like Queen Esther. Please fill our hearts with courage and make us brave for the things you call us to. In Jesus' name, amen.

# Time to Praise God

#### You'll Need:

Song: "My God is So Great"

Words and Music (pdf)

MP3 Accompaniment Track

• **Song:** "Be Strong and of Good Courage"

Words and Music (pdf)

MP3 Accompaniment Track

SAY: When we prepare our hearts for Christ, we're able to worship even when our hearts are needing some courage. Let's give God honor and praise now.

Lead children in singing "My God is So Great" and "Be Strong and of Good Courage."

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- Something to play the video
- Fruit snacks
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- A stapler
- Several chairs
- 2-3 bed sheets

# Esther the Brave Queen

# AT HOME LESSON

**Theme:** God is always at work behind the scenes.

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