

# His Hands

## PRESCHOOL LESSON PLAN

**Theme:** Eternal Security

**Scripture:** John 10:28

**Memory Verse:** John 10:28 - I give them eternal life, and they shall never perish; no one will snatch them out of my hand.

## The Children's Sermon

Hey there! Today, we're going to talk about something really cool - God's Protective Hands. Imagine the biggest, strongest, and safest hands you can think of. Those are God's hands! And guess what? He's always ready to keep us safe in them. Let's dive into some amazing things about God's hands.

Job 36:32 says, "He fills his hands with lightning and commands it to strike its mark." Can you imagine holding lightning? That's how powerful God's hands are!

Psalms 19:1 tells us, "The heavens declare the glory of God; the skies proclaim the work of his hands." When you look up at the sky, all the beautiful stars and clouds are showing off what God can do with His hands.

In Psalm 95:4, we learn, "In his hand are the depths of the earth, and the mountain peaks belong to him." That means the deepest oceans and the tallest mountains are all in God's hands. Isn't that amazing?

And Isaiah 40:12 asks, "Who has measured the waters in the hollow of his hand, or with the breadth of his hand marked off the heavens?" Imagine trying to hold all the water in the world in your hands, or trying to measure how big the sky is with your arms. We can't do it, but God can because His hands are that big and strong.

Now, think about how safe you feel when someone who loves you holds your hand. Maybe when you cross the street or when you're a little scared. God's Protective Hands are like that but even better. He's always holding us, keeping us safe, and making sure we're okay.

Let's read our special verse for today, John 10:28, "I give them eternal life, and they shall never perish; no one will snatch them out of my hand." This means that when we believe in Jesus, God holds us so tight in His protective hands that nothing can take us away from Him. Not now, not ever. We're super safe in God's hands!

But what do God's Protective Hands do for us every day? Well, they guide us when we're not sure which way to go. Have you ever been lost or unsure about something? God's hands lead the way and show us the right path.

God's Protective Hands also comfort us. When we're sad, scared, or hurt, God's hands are there to give us a big, warm hug, making us feel better.

And you know what? God's Protective Hands are always open. They're never too busy or too full. They're always ready to help us, protect us, and show us love.

Sometimes, we might not feel like we're in God's Protective Hands. We might feel alone or scared. But that's when we need to remember all these amazing things about God's

hands. They're big enough to create the stars, strong enough to hold the oceans, and gentle enough to hold us.

Let's do a little activity. Hold out your hands in front of you. Look at them. They can hold things, right? But can they hold everything? No, they can't. But God's hands can hold everything in the whole wide world, and they still have room to hold you and me. That's how special we are to God.

So, whenever you're feeling scared or alone, remember that you're in God's Protective Hands. You can talk to Him anytime, and He's always listening. You can tell Him anything, and He's always there to help. Because in God's hands, we're safe, we're loved, and we're never alone.

And let's not forget to share about God's Protective Hands with others. Maybe you have a friend who's feeling scared or alone. You can tell them about how big, strong, and safe God's hands are. You can help them understand that they're never alone because God's always holding them in His protective hands.

In conclusion, remember, no matter where we go or what we do, we're always in God's Protective Hands. He's holding us tight, keeping us safe, and loving us more than we can imagine. Let's say a little prayer to thank God for His protective hands.

"Dear God, thank you for Your big, strong, and protective hands. Thank you for holding us tight and keeping us safe. Help us to always remember how much You love us and to share Your love with others. Amen."

## Bible Memory Verse

**John 10:28 - I give them eternal life, and they shall never perish; no one will snatch them out of my hand.**

You Will Need:

- Construction paper
- Scissors
- Markers or crayons
- Stickers (optional)

Get Ready:

- Cut the construction paper into hand shapes large enough for the memory verse to be written on.
- Write 'John 10:28' on each hand shape in advance, or if the children are able, let them write it.

Do This:

1. Give each child a hand-shaped piece of construction paper and markers or crayons. Explain that the hand represents Jesus' hand holding us securely.
2. Have the children decorate their hand with markers, crayons, and stickers. Encourage them to be creative.
3. Once they are done decorating, help them write the memory verse on the hand or assist them in doing so if you haven't already. Explain the meaning of the verse - that Jesus gives us eternal life and no one can take us away from His protection.
4. Encourage the children to take their hand home and place it somewhere they can see it every day to remember Jesus' promise.

# Bible Interactive Experience

You'll Need:

- A small toy sheep for each child
- A pen or small enclosure (can be made from blocks or books)
- A picture of Jesus (optional)

Get Ready:

- Set up the pen in the middle of your activity area.
- Place the picture of Jesus near the pen, if using.

Do this:

1. Give each child a toy sheep and explain that the sheep represents them.
2. Tell them that the pen is like Jesus' hand, where they are safe forever.
3. Let each child place their sheep inside the pen to show that they are safe with Jesus, just like John 10:28 says.

## Snack Activity: Sheep Snacks

You'll Need:

- Marshmallows
- Pretzel sticks
- Chocolate chips
- Small paper plates

Get Ready: Place a handful of marshmallows, 4 pretzel sticks, and 2 chocolate chips on each child's plate.

Do this:

1. Explain that just like a shepherd knows his sheep, Jesus knows us and keeps us safe. Read or summarize John 10:28, emphasizing that Jesus gives us eternal life and we will never be lost from His care.
2. Have the children use the marshmallows to make a sheep's body on their plate. They can shape the marshmallows by sticking them together.
3. Use the pretzel sticks as legs by pushing them into the marshmallow body. Then, add the chocolate chips as eyes. As they build, reinforce the idea that Jesus' care for us is strong and secure, just like the structure they are creating.

## Game Activity: Sheep Safe Zone

You'll Need:

- A large open space (indoors or outdoors)
- Masking tape or cones to mark boundaries
- Soft plush toy sheep (or any soft toy to represent a sheep)

Get Ready: Use the masking tape or cones to create a large circle on the ground. This circle represents the 'Safe Zone', symbolizing the safety we have in Jesus. Place the plush toy sheep in the center of the circle.

Do this:

1. Explain to the children that the sheep (toy) is safe inside the circle because it represents being with Jesus, just like in John 10:28 where Jesus says no one can snatch us out of His hand.
2. Have the children start outside the circle. When you say 'Go', they will hop like little sheep into the circle to be 'safe with Jesus'. Once inside, they can pick up the toy sheep and say 'I am safe with Jesus'.

3. After everyone has had a turn, gather the children and remind them that just like the sheep was safe in the circle, we are safe when we believe in Jesus. Encourage them to remember that Jesus loves them and keeps them safe, always.

## Craft Activity: Safe in Jesus' Hands

You'll Need:

- Construction paper (preferably in sheep and green colors)
- Cotton balls
- Glue

Get Ready: Cut out a simple hand shape from the green construction paper to represent Jesus' hand. Also, cut out a small sheep shape from another piece of paper.

Do this:

1. Give each child a hand shape and a sheep shape. Explain that the hand represents Jesus' hand and the sheep represents them.
2. Have the children glue cotton balls onto their sheep shape to make it fluffy. While they do this, talk to them about how Jesus keeps us safe and secure, just like a shepherd keeps his sheep safe.
3. Once the sheep is fluffy, help the children glue their sheep onto the hand shape. Explain that John 10:28 tells us that no one can snatch us out of Jesus' hand, which means we are always safe with Him. This craft will help them remember that they are secure in Jesus' love and care.

## Prayer Activity: Safe in Jesus' Hands

You'll Need:

- A small toy sheep for each child
- A picture of Jesus (as a shepherd, if possible)
- A soft blanket or cloth

Get Ready: Place the picture of Jesus at the front of the room and spread the soft blanket or cloth in front of it to create a 'safe area'.

Do this:

1. Gather the children and explain that the toy sheep represents them and the picture of Jesus represents how Jesus takes care of us and keeps us safe, just like a shepherd with his sheep.
2. Read a simplified version of John 10:28 to the children: 'Jesus said, "I give them eternal life, and they shall never perish; no one will snatch them out of my hand."' Emphasize how Jesus keeps us safe forever.
3. Invite each child to place their toy sheep on the blanket in front of the picture of Jesus, telling them this shows they are safe with Jesus forever. End with a simple prayer thanking Jesus for always keeping us safe and for the promise of eternal life.