

# His Hands

## UPPER ELEMENTARY LESSON PLAN

**Theme:** Eternal Security

**Scripture:** John 10:28

**Memory Verse:** John 10:28 - 'I give them eternal life, and they shall never perish; no one will snatch them out of my hand.'

## The Children's Sermon

Hey there! Today, we're going to talk about something really cool - God's Protective Hands. Imagine the biggest, strongest, and safest hands you can think of. Those are God's hands! And guess what? He's always ready to keep us safe in them. Let's dive into some amazing things about God's hands.

Job 36:32 says, "He fills his hands with lightning and commands it to strike its mark." Can you imagine holding lightning? That's how powerful God's hands are!

Psalms 19:1 tells us, "The heavens declare the glory of God; the skies proclaim the work of his hands." When you look up at the sky, all the beautiful stars and clouds are showing off what God can do with His hands.

In Psalm 95:4, we learn, "In his hand are the depths of the earth, and the mountain peaks belong to him." That means the deepest oceans and the tallest mountains are all in God's hands. Isn't that amazing?

And Isaiah 40:12 asks, "Who has measured the waters in the hollow of his hand, or with the breadth of his hand marked off the heavens?" Imagine trying to hold all the water in the world in your hands, or trying to measure how big the sky is with your arms. We can't do it, but God can because His hands are that big and strong.

Now, think about how safe you feel when someone who loves you holds your hand. Maybe when you cross the street or when you're a little scared. God's Protective Hands are like that but even better. He's always holding us, keeping us safe, and making sure we're okay.

Let's read our special verse for today, John 10:28, "I give them eternal life, and they shall never perish; no one will snatch them out of my hand." This means that when we believe in Jesus, God holds us so tight in His protective hands that nothing can take us away from Him. Not now, not ever. We're super safe in God's hands!

But what do God's Protective Hands do for us every day? Well, they guide us when we're not sure which way to go. Have you ever been lost or unsure about something? God's hands lead the way and show us the right path.

God's Protective Hands also comfort us. When we're sad, scared, or hurt, God's hands are there to give us a big, warm hug, making us feel better.

And you know what? God's Protective Hands are always open. They're never too busy or too full. They're always ready to help us, protect us, and show us love.

Sometimes, we might not feel like we're in God's Protective Hands. We might feel alone or scared. But that's when we need to remember all these amazing things about God's

hands. They're big enough to create the stars, strong enough to hold the oceans, and gentle enough to hold us.

Let's do a little activity. Hold out your hands in front of you. Look at them. They can hold things, right? But can they hold everything? No, they can't. But God's hands can hold everything in the whole wide world, and they still have room to hold you and me. That's how special we are to God.

So, whenever you're feeling scared or alone, remember that you're in God's Protective Hands. You can talk to Him anytime, and He's always listening. You can tell Him anything, and He's always there to help. Because in God's hands, we're safe, we're loved, and we're never alone.

And let's not forget to share about God's Protective Hands with others. Maybe you have a friend who's feeling scared or alone. You can tell them about how big, strong, and safe God's hands are. You can help them understand that they're never alone because God's always holding them in His protective hands.

In conclusion, remember, no matter where we go or what we do, we're always in God's Protective Hands. He's holding us tight, keeping us safe, and loving us more than we can imagine. Let's say a little prayer to thank God for His protective hands.

"Dear God, thank you for Your big, strong, and protective hands. Thank you for holding us tight and keeping us safe. Help us to always remember how much You love us and to share Your love with others. Amen."

## Bible Memory Verse

**John 10:28 - 'I give them eternal life, and they shall never perish; no one will snatch them out of my hand.'**

You Will Need:

- Construction paper (various colors)
- Scissors
- Glue sticks
- Markers or crayons
- Stickers (optional)

Get Ready:

- Cut the construction paper into shapes of hands (big enough to write the memory verse on).
- Prepare a sample hand with the memory verse written on it to show as an example.

Do This:

1. Give each child a hand-shaped piece of construction paper and ask them to write the memory verse, John 10:28, in the center of the hand.
2. Encourage the children to decorate around the verse with markers, crayons, or stickers to personalize their hand.
3. Once everyone has finished, gather the children in a circle and have them share their decorated hands. Discuss how Jesus holding us in His hand means we are safe and secure, just like the verse says. Finally, encourage them to place their decorated hand somewhere they will see it daily as a reminder of Jesus' promise.

# Bible Interactive Experience

You'll Need:

- Small plastic sheep (or paper cutouts of sheep)
- A large picture of Jesus as the Good Shepherd
- Permanent markers
- A "pen" made from cardboard or a designated area in the room
- John 10:28 printed on cards

Get Ready:

- Set up the "pen" area in a corner of the room, placing the picture of Jesus as the Good Shepherd on one side.
- Write each child's name on a sheep using the permanent markers.
- Place the John 10:28 cards in an accessible spot for the children to read.

Do this:

1. Begin by reading John 10:28 aloud to the group, emphasizing the promise of eternal security in Jesus.
2. Hand each child a sheep with their name on it and ask them to read the verse on the card aloud.
3. Explain that the sheep represents them, and the pen represents the safety and security of being with Jesus. Have each child place their sheep in the pen near the Good Shepherd, affirming their trust in Jesus for eternal life.
4. Encourage the children to share what it means to them to be held securely by Jesus, using the verse as a reference.

## Snack Activity: Eternal Security Sheep Cupcakes

You'll Need:

- Cupcakes (pre-baked, any flavor)
- White frosting
- Mini marshmallows
- Black decorating gel
- Small candy eyes
- Toothpicks
- Paper and markers for scripture cards

Get Ready: Bake or buy pre-made cupcakes. Prepare a clean workspace with all the materials laid out.

Do this:

1. Read John 10:28 together and discuss what it means to have eternal security with Jesus as our shepherd. Each child writes the verse on a small card.
2. Use the white frosting to cover the top of each cupcake. This represents the safety and purity that comes from being in Jesus' care.
3. Stick mini marshmallows all over the frosted top to resemble a sheep's wool, showing how we are protected and surrounded by Jesus' love.
4. Use the black decorating gel to draw a face at the edge of the cupcake, and place two candy eyes above the face. This sheep represents each of us, held securely by Jesus.
5. Insert a toothpick into the scripture card and then into the cupcake, reminding us of Jesus' promise in John 10:28 that no one can snatch us out of His hand.

## Game Activity: Eternal Security Sheepfold Hop

You'll Need:

- Chalk or tape to mark the ground
- Music player for musical pause moments
- Printed pictures of sheep and wolves

Get Ready: Use the chalk or tape to create a large square on the ground, which will serve as the sheepfold. Inside the sheepfold, draw or tape smaller squares enough for each child to stand on. Outside the sheepfold, place the pictures of wolves at various points.

Do this:

1. Explain that the sheepfold represents the eternal security we have in Jesus, as described in John 10:28. Each child is a sheep, and the area outside the sheepfold represents the world where dangers (wolves) lurk.
2. Play music and have the children walk around outside the sheepfold. When the music stops, they must quickly find a square inside the sheepfold to stand on, representing them coming to Jesus for eternal security. Those caught outside when the music stops have a wolf catch them and must do a fun activity (like 5 jumping jacks) before the next round as a reminder that Jesus protects us from spiritual dangers.
3. Continue playing, removing one square from the sheepfold each round to make it more challenging. Discuss how, unlike the game, Jesus' protection and the eternal life He gives us never runs out or becomes too small for anyone who believes in Him.

## Craft Activity: Eternal Security Sheep Pen

You'll Need:

- Green and blue construction paper
- Cotton balls

- Glue
- Markers or crayons
- Scissors
- Popsicle sticks

Get Ready: Cut the green construction paper into a grass shape to fit the bottom of your blue paper, which will serve as the sky. This will be the base for your sheep pen.

Do this:

1. Glue the green grass to the bottom of the blue paper to create your scene's ground and sky.
2. Use the markers or crayons to draw a simple sheep pen on the green grass. Inside the pen, write John 10:28 to remind you of the eternal security we have in Jesus.
3. Glue cotton balls onto the paper, inside the pen, to represent the sheep securely kept by Jesus. Use the popsicle sticks to create a gate or fence around your sheep pen, reinforcing the idea that Jesus' sheep are safe and secure with Him.

## Prayer Activity: Eternal Security in His Hands

You'll Need:

- A large poster board
- Markers or paint
- Sticky notes

Get Ready: Write John 10:28 at the top of the poster board in large, bold letters.

Prepare a short explanation of the verse, focusing on the eternal security we have in Jesus.



Do this:

1. Begin with a group discussion about John 10:28. Ask the children what they think it means to be given eternal life and to never perish. Emphasize that Jesus is promising that no one can snatch us out of His hand, which means we are secure in His love and salvation.
2. Hand out sticky notes to each child. Ask them to write or draw something they fear might separate them from God's love or a prayer asking for the faith to trust in Jesus' promise of eternal security.
3. Have each child come up and stick their note on the poster board around the verse. As they do, encourage the group to pray together for each other, asking God to help them understand and trust in the eternal security found in Jesus. Conclude by affirming that nothing can snatch us from God's hand, not even our fears.