

# The Bible

## PRESCHOOL LESSON PLAN

**Theme:** God's word is true. You can trust the Bible all the time.

**Scripture:** Psalms 119:160

**Memory Verse:** Your word is true from the beginning. - Psalm 119:160

## The Children's Sermon

You can't always believe what people tell you all the time, what you read in a magazine or hear on the radio or watch on TV or the internet. Is there anything we can rely on 100% of the time? (Hold up the bible) This is something you can always believe is true. God's advice, God's instructions, and God's promises are always right and good. We call this Biblical truth.

Now, let's talk more about Biblical truth. Imagine you have a friend who tells you a secret, but then you find out it wasn't true. You might feel sad or upset, right? But when we read the Bible, the stories and lessons we learn are always true and they never change. That's because God never changes. He is the same yesterday, today, and forever. And that's really comforting!

Biblical truth is like a strong, sturdy bridge over a big, scary river. Just like you can trust the bridge to get you safely across the water, you can trust God's words to help you through tough times. When you're scared, when you're sad, or even when you're super happy, the Bible has something true to tell you.

Let's think about a story from the Bible. Remember Noah and the big ark he built? God told Noah it was going to rain a lot, and it did! Noah trusted in God's truth, and because he did, he and his family were safe. Just like Noah, we can trust in Biblical truth to keep us safe and guide us.

Sometimes, it might be hard to understand what the Bible is saying. It's okay to ask questions. You can ask your parents, your teachers, or even your friends who also read the Bible. Talking about Biblical truth with others can help you understand it better and see how amazing it is.

Biblical truth is like a treasure map. It leads us to the greatest treasure of all - knowing God and how much He loves us. The Bible tells us that God loves us so much, He sent His Son, Jesus, to be our friend and save us. That's a big, wonderful truth that can make our hearts feel happy and full.

And you know what? Sharing Biblical truth with others is like sharing a really good, secret recipe. When you've got something as delicious as a chocolate chip cookie recipe, you want to share it with everyone, right? Sharing God's truth is even better because it helps people know how much God loves them and wants to be their friend forever.

But remember, just like learning to ride a bike or tie your shoes, understanding Biblical truth takes practice. Reading your Bible, talking to God in prayer, and asking questions about things you don't understand are all ways to get better at knowing God's truth. And the more you practice, the stronger your faith will grow.

Biblical truth is also like a lamp in a dark room. It helps us see where to go and keeps us from bumping into things. When we follow God's truth, we can make good choices and help others do the same. It's like being a light that helps everyone around you see better.

Lastly, let's remember that Biblical truth is for everyone - no matter how old you are, where you live, or what you like to do. God's truth is a gift for all of us, and it's something we can carry in our hearts every day.

So, let's be thankful for the Bible and the truth it teaches us. Let's read it, learn it, and share it with others. Because when we live by Biblical truth, we're choosing the best path for our lives, the one that leads us closer to God and to each other.

Remember, kids, Biblical truth is always there for you, like a best friend who never lets you down. It's something you can count on, no matter what. And that's pretty awesome.

## Bible Memory Verse

### **Your word is true from the beginning. - Psalm 119:160**

You Will Need:

- Colored construction paper
- Scissors
- Glue sticks
- Markers or crayons
- Stickers (optional)

Get Ready:

-Cut the construction paper into large, simple puzzle piece shapes ahead of time, one for each child plus a few extra.

-Write one word of Psalm 119:160 on each puzzle piece with a marker.

Do This:

1. Give each child a puzzle piece and ask them to decorate it with markers, crayons, and stickers. Encourage creativity!

2. Once the children have finished decorating, gather everyone in a circle and help them piece the puzzle together on the floor. As you do, talk about how each piece is different, but all are important to complete the puzzle, just like how every word in the Bible is true and fits together.

3. After the puzzle is complete, read the verse aloud together. Emphasize that just like how the puzzle pieces fit together to reveal the whole picture, God's word fits together to reveal His truth. Encourage the children to say the verse with you a few times to help them memorize it.

## Bible Interactive Experience

You'll Need:

- A children's Bible or Bible storybook
- Simple puzzle pieces (4-5 large pieces) with parts of Psalms 119:160 written on them
- A small treasure chest or decorated box
- Colorful markers or crayons
- Paper and scissors

Get Ready:

- Write one part of Psalms 119:160 ("The sum of your word is truth, and every one of your righteous rules endures forever.") on each puzzle piece. For simplicity, you can shorten it to "God's word is truth, forever."
- Place the puzzle pieces inside the treasure chest or box.
- Create simple, colorful bookmarks or decorations with paper and scissors for the children to decorate.

Do this:

1. Begin by telling the children that today, they're going to discover a very special treasure, one that tells us we can always trust what God says because His word is true.
2. Show them the treasure chest or box and explain that inside, there are pieces of a very important message from the Bible. Let each child take turns drawing a piece from the box and help them read it (or read it to them if they're too young).
3. Once all the pieces are drawn, work together to assemble the puzzle. As you do, discuss in simple terms what it means that God's word is true (e.g., "When God tells us something in the Bible, we can believe it's true, just like we can believe our parents when they tell us they love us.")
4. After the puzzle is complete, give each child a paper bookmark or decoration and let them decorate it with markers or crayons. Encourage them to keep it in their Bible or take it home to remind them that God's word is a treasure and it's always true.

## Snack Activity: Truthful Trail Mix

You'll Need:

- Small bowls or cups
- A variety of snack items (pretzels, dried fruits, cereal, small crackers)
- Spoons or scoops

Get Ready: Before the activity, set out the small bowls or cups and fill them with the different snack items. Place spoons or scoops in each bowl for easy serving.

Do this:

1. Gather the children around the snack area and explain that just like each snack is different, the Bible is filled with different stories and lessons, but all of them are true and important.
2. Let each child use a spoon or scoop to take some of each snack item and put it into their own cup, creating their own 'Truthful Trail Mix'. As they do this, remind them that Psalms 119:160 says, 'The sum of Your word is truth,' meaning everything in the Bible is true.
3. Encourage the children to enjoy their snack while you read a short Bible story or verse about the truth of God's word. Explain that just as they can trust each piece in their mix to be a yummy part of their snack, they can trust everything in the Bible to be true and good for their lives.

## Game Activity: Truth Path

You'll Need:

- Colorful tape or chalk
- Large printouts of Bible verses (simplified for preschoolers)
- Bells or small musical instruments

Get Ready: Use the tape or chalk to create a simple path on the floor or ground. Along this path, place the large printouts of simplified Bible verses at various points. Ensure the path ends at a designated 'Truth Spot' marked with a circle and a cross inside it.

Do this:

1. Explain to the children that they are going on a journey to find the Truth Spot, where God's truth, as found in the Bible, is celebrated. Tell them that along the way, they will find God's words (the Bible verses) to guide them.
2. Start the journey by leading the children along the path. Stop at each Bible verse, read it aloud, and briefly explain its meaning in a simple way that they can understand. After each verse, celebrate finding God's truth by ringing the bells or playing the musical instruments.
3. Once all the verses have been discovered and explained, lead the children to the Truth Spot. Here, gather in a circle, and remind them that just like they trusted the path and the verses to lead them to the Truth Spot, they can always trust the Bible to guide them in life because God's word is true.

## Craft Activity: Truthful Treasure Chest

You'll Need:

- A small cardboard or paper box (like a jewelry box)
- Colored construction paper
- Glue and safety scissors
- Markers or crayons
- Printable Bible verses or handwritten ones on small pieces of paper

Get Ready: Pre-cut construction paper to fit the sides of the box, allowing children to choose their colors. Write or print out Psalms 119:160 and other simple Bible verses on small pieces of paper.

Do this:

1. Let each child pick their box and construction paper colors. They can glue the paper onto their box, covering all sides to decorate their 'treasure chest.'

2. While the glue is drying, talk to the children about how the Bible is like a treasure chest full of God's truth. Explain Psalms 119:160, 'The sum of Your word is truth, And every one of Your righteous ordinances is everlasting.'
3. Give each child the printed Bible verses and let them fill their treasure chest with these truths. Encourage them to decorate their chest with markers or crayons, drawing symbols of faith like crosses, hearts, or doves. Conclude by reminding them that they can trust the Bible all the time, just like they trust the treasures in their chests.

## Prayer Activity: God's True Word Treasure Hunt

You'll Need:

- Small treasure boxes or envelopes
- Paper and markers
- Bible (or a printed copy of Psalms 119:160)

Get Ready: Before the activity, write 'The sum of your word is truth, and every one of your righteous rules endures forever.' Psalms 119:160 on pieces of paper. Fold them and place them inside the treasure boxes or envelopes. Hide these treasure boxes or envelopes around your activity area.

Do this:

1. Gather the children and explain that we are going on a treasure hunt to find a very special treasure that tells us about how we can always trust God's word, the Bible.
2. Let the children search for the treasure boxes or envelopes. Help them as needed, ensuring each child finds one.
3. Once all the treasures have been found, gather the children and open the treasure boxes or envelopes together. Read aloud the verse from Psalms 119:160. Discuss in

simple terms how this verse means that everything in the Bible is true and that we can trust God's word all the time.