

# The Bible

## LOWER ELEMENTARY LESSON PLAN

**Theme:** God's word is true. You can trust the Bible all the time.

**Scripture:** Psalms 119:160

**Memory Verse:** Your word is true from the beginning. - Psalms 119:160

## The Children's Sermon

You can't always believe what people tell you all the time, what you read in a magazine or hear on the radio or watch on TV or the internet. Is there anything we can rely on 100% of the time? (Hold up the bible) This is something you can always believe is true. God's advice, God's instructions, and God's promises are always right and good. We call this Biblical truth.

Now, let's talk more about Biblical truth. Imagine you have a friend who tells you a secret, but then you find out it wasn't true. You might feel sad or upset, right? But when we read the Bible, the stories and lessons we learn are always true and they never change. That's because God never changes. He is the same yesterday, today, and forever. And that's really comforting!

Biblical truth is like a strong, sturdy bridge over a big, scary river. Just like you can trust the bridge to get you safely across the water, you can trust God's words to help you through tough times. When you're scared, when you're sad, or even when you're super happy, the Bible has something true to tell you.

Let's think about a story from the Bible. Remember Noah and the big ark he built? God told Noah it was going to rain a lot, and it did! Noah trusted in God's truth, and because he did, he and his family were safe. Just like Noah, we can trust in Biblical truth to keep us safe and guide us.

Sometimes, it might be hard to understand what the Bible is saying. It's okay to ask questions. You can ask your parents, your teachers, or even your friends who also read the Bible. Talking about Biblical truth with others can help you understand it better and see how amazing it is.

Biblical truth is like a treasure map. It leads us to the greatest treasure of all - knowing God and how much He loves us. The Bible tells us that God loves us so much, He sent His Son, Jesus, to be our friend and save us. That's a big, wonderful truth that can make our hearts feel happy and full.

And you know what? Sharing Biblical truth with others is like sharing a really good, secret recipe. When you've got something as delicious as a chocolate chip cookie recipe, you want to share it with everyone, right? Sharing God's truth is even better because it helps people know how much God loves them and wants to be their friend forever.

But remember, just like learning to ride a bike or tie your shoes, understanding Biblical truth takes practice. Reading your Bible, talking to God in prayer, and asking questions about things you don't understand are all ways to get better at knowing God's truth. And the more you practice, the stronger your faith will grow.

Biblical truth is also like a lamp in a dark room. It helps us see where to go and keeps us from bumping into things. When we follow God's truth, we can make good choices and help others do the same. It's like being a light that helps everyone around you see better.

Lastly, let's remember that Biblical truth is for everyone - no matter how old you are, where you live, or what you like to do. God's truth is a gift for all of us, and it's something we can carry in our hearts every day.

So, let's be thankful for the Bible and the truth it teaches us. Let's read it, learn it, and share it with others. Because when we live by Biblical truth, we're choosing the best path for our lives, the one that leads us closer to God and to each other.

Remember, kids, Biblical truth is always there for you, like a best friend who never lets you down. It's something you can count on, no matter what. And that's pretty awesome.

## Bible Memory Verse

### **Your word is true from the beginning. - Psalms 119:160**

You Will Need:

- Colored paper
- Scissors
- Markers or crayons

Get Ready:

- Cut the colored paper into large puzzle piece shapes, one for each word of the memory verse.

-Write one word of the memory verse on each puzzle piece with the markers or crayons.

Do This:

1. Mix up the puzzle pieces and spread them out on a table or the floor.
2. Challenge the children to put the puzzle together to form the memory verse. As they work on it, remind them that just like the puzzle pieces fit together to reveal the truth, God's Word fits together to show us the truth about Him.
3. Once the puzzle is complete, say the verse together a few times to help memorize it. Discuss how we can trust the Bible because it is always true, just like the verse says.

## Bible Interactive Experience

You'll Need:

- A children's Bible
- Construction paper (various colors)
- Scissors
- Glue sticks
- Markers or crayons
- A large poster board
- Printed copies of Psalms 119:160 (simplified for children)

Get Ready:

- Cut out several simple shapes (hearts, stars, crosses) from the construction paper.
- Write one word of Psalms 119:160 (simplified version: "Your word is true from the start, and all your righteous laws last forever.") on each shape.
- On the large poster board, draw a path or a simple maze leading to a picture of a Bible at the end.

Do this:

1. Start by reading Psalms 119:160 from the children's Bible, explaining that this verse tells us we can always trust what the Bible says because God's words are true and last forever.
2. Mix up the shapes with the words from the verse and spread them out on a table. Ask the children to find the shapes and put the verse together in the correct order. This can be a team activity to encourage working together.
3. Once the verse is correctly assembled, have the children glue their shapes along the path on the poster board, creating a "path of truth" leading to the Bible. As they glue each shape, encourage them to say one reason why they think we can trust the Bible (e.g., "It teaches us right from wrong," "It tells us about Jesus," etc.).
4. When the path is complete, discuss how just like the path leads to the Bible, we can follow God's true words in the Bible to lead us through life. Encourage the children to think of the Bible as a treasure map that leads to God's truth.

## Snack Activity: Truthful Treats

You'll Need:

- Graham crackers
- White frosting
- Food coloring (blue and green)
- Small candies or sprinkles
- Plastic knives or spreaders

Get Ready: Mix a little bit of the blue and green food coloring into the white frosting to make it look like a globe (Earth). This represents the world.

Do this:

1. Spread the colored frosting on a graham cracker using the plastic knife or spreader. This graham cracker represents the world, and the frosting is a reminder that God's truth covers the whole Earth, just like Psalms 119:160 says, 'The sum of Your word is truth, And every one of Your righteous ordinances is everlasting.'
2. Decorate the frosted graham cracker with small candies or sprinkles. Each candy or sprinkle represents a story or promise from the Bible, showing that God's word is full of truth and goodness.
3. As you eat your Truthful Treat, remember that just like you can trust this snack to be sweet, you can trust the Bible to be true all the time. It's a reminder that God's word is always true and covers the whole world with His love and truth.

## Game Activity: Treasure of Truth

You'll Need:

- A Bible
- Small treasure boxes or envelopes
- Paper and pens

Get Ready: Write out Psalm 119:160 on several pieces of paper and place them inside the treasure boxes or envelopes. Hide them around your play area.

Do this:

1. Gather the children and explain that they are going on a treasure hunt to find the ultimate treasure: God's truth. Share that Psalms 119:160 says, 'The sum of Your word is truth, And every one of Your righteous ordinances is everlasting.'
2. Divide the children into teams and give them clues to find the hidden treasures. Each clue should lead them closer to finding a hidden treasure box or envelope.

3. Once all the treasures are found, gather the children and open the boxes or envelopes together. Read aloud Psalm 119:160 from each found treasure. Discuss how this verse teaches us that we can always trust God's word to be true.

## Craft Activity: Truthful Treasure Map

You'll Need:

- A large piece of paper or poster board
- Markers or crayons
- A Bible

Get Ready: Before the activity, draw a simple map on the large piece of paper or poster board. Include a starting point, a path with a few turns, and an 'X' to mark the spot where the treasure is hidden. Write out Psalms 119:160 on a separate piece of paper and hide it where the 'X' marks the spot.

Do this:

1. Gather the children and explain that just like a map helps us find treasure, the Bible helps us find truth. Tell them today they are going to find a special treasure by following the map.
2. Hand out markers or crayons to the children and let them decorate the map with symbols or drawings that remind them of the Bible and its truthfulness. Encourage creativity!
3. Once the maps are decorated, lead the children on the treasure hunt following the map. When they find the 'X', show them the hidden verse (Psalms 119:160) and explain that this verse tells us that all of God's words are true and that we can trust the Bible all the time. Finish by discussing how we can use the Bible as our map in life to find truth and guidance.

# Prayer Activity: Trust in the Truth: A Prayer Craft

You'll Need:

- Colorful construction paper
- Markers or crayons
- Scissors

Get Ready: Cut the construction paper into large, easy-to-hold shapes, like stars or hearts.

Do this:

1. Start by reading Psalms 119:160 together: 'The sum of your word is truth, and every one of your righteous rules endures forever.' Discuss what it means to trust that God's word is true.
2. Ask each child to think of a time they trusted someone or something and how it felt. Then, have them draw or write about that experience on one side of their paper shape.
3. On the other side, encourage them to write or draw what it means to them that they can trust the Bible all the time. Conclude by gathering in a circle, sharing their crafts, and saying a prayer together, asking God to help them trust in His word every day.