

Counting To Three

PRESCHOOL LESSON PLAN

Theme: Trinity Sunday

Scripture: Matthew 28:19

Memory Verse: Go and make disciples of all nations. -Matthew 28:19

The Children's Sermon

Hey kids! Today, we're going to talk about a really big word: TRINITY. It might sound a bit tricky, but don't worry, we'll break it down together. We're going to learn about how we can see the Trinity in Matthew 28:19 and what that means for us.

So, let's start with the word TRINITY. This word helps us understand something very special about God. We believe in ONE God, but this one God shows Himself to us in three different ways. It's like having one apple, but the apple has three parts: the skin, the flesh, and the seeds. All different, but all part of the same apple.

Now, when we pray, we often start with the words, "Our Father..." This is one way we talk to God. But God also comes to us as Jesus, His Son, and as the Holy Spirit. These three - the Father, the Son, and the Holy Spirit - are what we call the Trinity. It's a bit like having a best friend who is also a superhero and a great storyteller. They're the same person, but you see different sides of them depending on what you're doing together.

Let's dive into the Trinity in Matthew 28:19. This verse is super important because it's where Jesus tells us to go and make friends all over the world and teach them to be like

Him. He says to baptize them "in the name of the Father, and of the Son, and of the Holy Spirit." Here, Jesus is telling us about the Trinity! He's saying that God is like a team, working together in different roles but still being one big, loving God.

Imagine you're on a soccer team. You have a goalie, defenders, and strikers. They all have different jobs, but they're all playing for the same team. That's a bit like how the Trinity works. God, in three persons, is like the ultimate team, working together to show us love, teach us, and take care of us.

Now, why do you think it's important for us to know about the Trinity in Matthew 28:19? Well, it helps us understand that God is always with us, in every way we might need Him. When we're scared, the Holy Spirit can be like a comforting whisper in our hearts. When we need guidance, Jesus is like a big brother showing us the way. And God the Father is always watching over us, loving us no matter what.

But here's something really cool. Even though the Trinity might sound a bit complicated, it shows us just how much God loves us. He wants to make sure we can feel His love and help in every part of our lives. It's like having a super team of heroes always ready to come to our rescue.

Now, you might wonder, how can we get closer to this amazing Trinity? Well, we can talk to God through prayer, just like chatting with a friend. We can read stories about Jesus in the Bible to learn how to be more like Him. And we can listen for the Holy Spirit's guidance when we're not sure what to do.

Remember, the Trinity in Matthew 28:19 is a special way to remember that God is always with us, in every moment of our lives. Whether we're playing, learning, or even sleeping, God's love is wrapping around us like a warm blanket.

So, the next time you look up at the sky or hug a friend, remember the Trinity. It's a reminder that God's love is super big, able to reach us anywhere and everywhere, in all the different ways we might need.

And that's pretty awesome, isn't it? God is like a superhero team all in one, always there to protect, guide, and love us. So let's keep learning about this amazing God, the Father, the Son, and the Holy Spirit, and how we can be a part of His big, loving family.

Thanks for listening, kids! Remember, God loves you so much, and He's always with you, in every way, every day.

Bible Memory Verse

Go and make disciples of all nations. -Matthew 28:19

You Will Need:

- Colored construction paper
- Scissors
- Glue sticks
- Markers
- Stickers of people from around the world

Get Ready:

- Cut the construction paper into large circle shapes to represent the world.

-Prepare a sample 'world' with stickers placed on it to show the children.

Do This:

1. Give each child a paper circle and explain that it represents the world. Tell them we can share Jesus's love with everyone in the world.
2. Let the children decorate their 'world' with the stickers, placing people from different countries all around their paper globe.
3. Encourage the children to use markers to draw hearts or crosses on their world to show love and the message of Jesus. As they work, remind them of the memory verse and discuss the importance of sharing God's love with everyone, everywhere.

Bible Interactive Experience

You'll Need:

- 3 different colors of playdough (e.g., red, blue, green)
- A small bowl of water
- A simple picture of a dove, a globe, and a heart printed on paper or drawn by you

Get Ready:

- Make sure each child has a small amount of each color of playdough.
- Place the bowl of water where children can easily reach it.
- Display the picture of the dove, globe, and heart where all the children can see it.

Do this:

1. Tell the children they're going to learn about the Trinity - God the Father, God the Son (Jesus), and God the Holy Spirit. Show them the globe (Father, creator of the world), the heart (Jesus, who loves us), and the dove (Holy Spirit, who is with us always).

2. Ask the children to pick one color of playdough and roll it into a ball to represent the world God created. As they do this, briefly explain that God the Father made everything.
3. Next, have them choose a second color and make a small heart shape to remind them of Jesus' love. Place the heart on top of the world.
4. Lastly, with the third color, ask them to create a small dove. Before placing it on the heart, dip the dove lightly in the water to represent baptism and the Holy Spirit being with us. Place the dove on top of the heart.
5. Conclude by explaining that even though we made three different things, they all come together to help us remember God's great love for us, showing us the mystery of the Trinity - three persons in one God.

Snack Activity: Trinity Pretzel Bites

You'll Need:

- Mini pretzel twists
- White chocolate chips
- Rainbow sprinkles

Get Ready: Line a baking sheet with parchment paper.

Do this:

1. Melt the white chocolate chips in a microwave-safe bowl in 30-second intervals, stirring until smooth.
2. Dip each mini pretzel twist halfway into the melted white chocolate, symbolizing the Holy Trinity with the three holes of the pretzel representing the Father, the Son, and the Holy Spirit as mentioned in Matthew 28:19.

3. Place the dipped pretzels on the prepared baking sheet and sprinkle them with rainbow sprinkles to add color and joy, representing the unity and diversity within the Trinity. Allow the chocolate to harden before serving.

Game Activity: Trinity Twirls

You'll Need:

- Colorful sidewalk chalk
- Open space or a driveway
- Music player (optional)

Get Ready: Use the sidewalk chalk to draw three large, interconnected circles on the ground, each labeled with one aspect of the Trinity: Father, Son, Holy Spirit.

Do this:

1. Play some joyful music if available. Have the children start outside of the circles.
2. When the music starts (or when you say 'Go' if not using music), the children will hop or twirl from one circle to another, saying the name of each part of the Trinity as they land in that circle.
3. After a few rounds, gather the children and discuss how the three circles were separate but connected, similar to the concept of the Trinity being three distinct persons but one God.

Craft Activity: Trinity Shamrock Craft

You'll Need:

- Green construction paper
- Scissors

- Glue
- White paper
- Markers or crayons

Get Ready: Cut the green construction paper into three heart shapes of the same size to represent the Trinity.

Do this:

1. Help the children glue the three heart shapes together at the points, creating a shamrock shape. This represents the Trinity: Father, Son, and Holy Spirit.
2. Cut a stem from the green construction paper and glue it to the shamrock.
3. On the white paper, help the children write or draw symbols for the Father, Son, and Holy Spirit. For example, a crown for the Father, a cross for the Son, and a dove for the Holy Spirit. Then, glue this paper to the back of the shamrock. Discuss Matthew 28:19 and how the three persons of the Trinity work together in love.

Prayer Activity: Trinity Sunday Prayer Circle

You'll Need:

- A small bowl of water
- A green plant
- A small candle (with adult supervision)

Get Ready: Place the bowl of water, the green plant, and the small candle on a table where all the children can gather around.

Do this:

1. Gather the children around the table and explain that today we're learning about the Holy Trinity: God the Father, God the Son, and God the Holy Spirit. Tell them we have three items to help us understand.
2. Light the candle (with adult supervision) and explain that the flame represents God the Father, the creator of light and all things. Then, have the children say together: 'Thank you, God the Father, for your creation.'
3. Show the plant and explain that it represents God the Son, Jesus, who lived on Earth and grew among us. Then, have the children say together: 'Thank you, Jesus, for living among us and showing us how to love.'
4. Dip your fingers in the water and sprinkle a few drops on the plant, explaining that the water represents the Holy Spirit, who gives us life and helps us grow. Then, have the children say together: 'Thank you, Holy Spirit, for giving us life and helping us grow in love.'
5. Conclude by holding hands in a circle and saying a simple prayer together: 'Dear God, thank you for being with us as the Father, the Son, and the Holy Spirit. Amen.'