

Following God's Laws

PRESCHOOL LESSON PLAN

Theme: Obedience

Scripture: Exodus 20:1-20

Memory Verse: Honor your father and your mother. - Exodus 20:12

The Children's Sermon

Sometimes we might put other things first in our lives, but what kind of things would that be? I have a few things in this little box, which might give us a hint.

- Money - some people worry about money way too much. The bible tells us that God gives you everything you need.
- Toys - it's fun to play, but if we care more about our toys than our friends or family, that's not good.
- Phones or tablets - sometimes, we might spend too much time on these and not enough time talking to God or helping others.

God wants us to remember something very important called the Ten Commandments. The Ten Commandments are like a list of rules God gave us to live a good life. The first one is super important. It tells us to put God first, before anything else. That means before our money, our toys, and even our phones or tablets.

Now, why do you think God wants to be first? It's because He loves us so much and knows what's best for us. When we put God first, we're choosing to listen to Him and follow His path. It's like when you're playing a game, and you follow the rules so everyone can have fun. Putting God first makes life better for us and for everyone around us.

But how can we do that? How can we make sure God is first in our lives? Well, we can start by talking to Him every day. This is called praying. Just like you talk to your friends and tell them what's happening in your life, you can talk to God about anything and everything.

Another way is by reading the Bible. The Bible is like a letter from God to us. It has stories and lessons that help us learn more about God and how He wants us to live. It's like a treasure map that leads us to a happy life.

We can also show God He's first by how we treat others. Being kind, sharing, and helping are all ways to show God's love. When we do these things, we're like little lights shining brightly for everyone to see.

Remember, it's okay to have money, play with toys, or use phones and tablets. But these things should never be more important than God. The Ten Commandments remind us to keep God first, and when we do, everything else falls into place.

Let's think of ways we can put God first this week. Maybe you can help your parents without being asked, or you can spend a little time praying before bed. You could even read a Bible story and share it with a friend. There are so many ways to show God He's number one in our lives.

God loves us more than we can imagine. He's always there for us, listening and helping. When we put Him first, we're saying "thank you" to God for all He does. It's like giving God a big hug with our hearts.

So, let's remember the Ten Commandments and make a special effort to put God first. It's the best choice we can make, and it leads to a happy and blessed life.

Now, let's close our time together with a short prayer. You can repeat after me if you'd like.

Dear God, help us to always remember the Ten Commandments and to put You first in everything we do. Thank you for loving us and guiding us. Amen.

Remember, kids, keeping God first is the best way to live. Let's make this week a great one by showing God He's the most important part of our lives. Thank you for listening, and have a wonderful day filled with God's love!

Bible Memory Verse

Honor your father and your mother. - Exodus 20:12

You Will Need:

- Colored paper
- Scissors
- Markers or crayons
- Stickers (optional)

Get Ready:

- Cut the colored paper into heart shapes, one for each child.
- Set up a table with markers, crayons, and stickers.

Do This:

1. Give each child a heart-shaped paper and ask them to think of one way they can honor their parents this week.
2. Have them draw or write that idea on the heart, using markers, crayons, and stickers to decorate.
3. Encourage them to share their heart with the class, explaining how their idea shows honor to their parents. Then, pray together, asking God to help them show honor and obedience at home.

Bible Interactive Experience

You'll Need:

- Large cardboard tablets (2 pieces)
- Markers or crayons
- Simple illustrations or stickers of the Ten Commandments (e.g., heart for love, hands for not stealing)

Get Ready:

- Write numbers 1 to 10 on the cardboard tablets to represent the Ten Commandments.
- Prepare the simple illustrations or stickers by ensuring they are easy to understand and relate to each commandment.

Do this:

1. Show the children the large cardboard tablets and explain that these are like the ones God gave to Moses for the people to follow.
2. Give each child a sticker or illustration and help them find the correct number on the tablets to place it. As they do, briefly explain the commandment in a simple, age-appropriate way (e.g., "Number four means we rest and spend time with God on Sundays").
3. After all the stickers are placed, talk about how obeying these rules helps us show love to God and others. Encourage the children to think of one way they can obey at home or school.

Snack Activity: Obedience Cookies

You'll Need:

- Sugar cookie dough (store-bought or homemade)
- Cookie cutters (heart and star shapes)
- Icing and sprinkles

Get Ready: Preheat the oven according to the cookie dough package instructions. Roll out the dough on a flat, floured surface.

Do this:

1. Explain that following God's rules shows our love and obedience to Him, just like following baking instructions shows we want to make good cookies. Use the heart cookie cutter to represent love and the star to represent following God's commands.
2. Let the children use the cookie cutters to cut out heart and star shapes from the dough. As they do this, talk about the importance of obedience to God and parents, relating it to the story of Moses and the Ten Commandments in Exodus 20:1-20.

3. Bake the cookies as directed on the package. Once cooled, decorate them with icing and sprinkles. As they decorate, reinforce the lesson by discussing how following God's commands makes our lives sweeter, just like the decorations make the cookies look and taste better.

Game Activity: Follow the Commandments Trail

You'll Need:

- Colorful tape or chalk
- Pictures or symbols representing the Ten Commandments
- A small prize or treat for each child

Get Ready: Use the tape or chalk to create a simple path or trail on the floor or ground. Along the trail, place the pictures or symbols that represent the Ten Commandments at various points. Make sure the path is safe and clear of any obstacles.

Do this:

1. Explain to the children that they are going on a special trail to learn about obedience and the Ten Commandments. Tell them that each symbol along the way represents a rule that helps us be good and obey God.
2. Guide the children to start on the trail one by one or in small groups, depending on the number of children. As they reach each symbol, briefly explain the commandment it represents in very simple terms, like 'We listen to God,' or 'We are kind to our friends.'
3. Once the children reach the end of the trail, congratulate them for learning about obedience and give them a small prize or treat as a reward for completing the journey.

Craft Activity: Listening Ears Headband

You'll Need:

- Construction paper (various colors)
- Scissors
- Glue
- Markers

Get Ready: Cut out two large ear shapes from construction paper for each child.

Prepare strips of paper that can be sized to fit around each child's head.

Do this:

1. Let each child decorate their strip of paper with markers. They can draw symbols of listening, like music notes or sound waves, or simply decorate with colors and patterns.
2. Help the children glue the ear shapes to the sides of their decorated paper strip, positioning them like ears when the strip is curved into a headband shape.
3. Measure the paper strip around each child's head and secure it to fit snugly, creating a headband. Explain that the headband represents their 'listening ears,' reminding them to listen and obey God's commandments, just like in Exodus 20:1-20.

Prayer Activity: Listening Hearts

You'll Need:

- A simple picture of Moses and the Ten Commandments
- Heart stickers
- A quiet space

Get Ready: Before the activity, place the picture of Moses at the front of the room where all the children can see it.

Do this:

1. Gather the children around the picture of Moses and explain that God gave Moses the Ten Commandments as rules to help us live well and obey God.
2. Talk about how obeying these rules shows our love for God and for others. Ask the children to think of ways they can obey at home, like listening to their parents or sharing with their siblings.
3. Give each child a heart sticker and let them place it near the picture of Moses as a sign of their commitment to try to listen and obey at home. End with a simple prayer, asking God to help them have listening hearts and to obey their parents and God's rules.