

# The Waters Part

## UPPER ELEMENTARY LESSON PLAN

**Theme:** God takes care of His people

**Scripture:** Exodus 14:15-22

**Memory Verse:** The Lord will fight for you; you need only to be still. - Exodus 14:14

## The Children's Sermon

Oh no! Another problem for Moses and God's people. There was water in front of them and the Egyptians behind. They ask Moses if he brought them out here to die. Moses said, "Don't be afraid. God will take care of us." Do you think HE will??

Now God moved the cloud that was leading them to the back of His people and it turned dark so the Egyptians couldn't see them. Then He told Moses to raise his hand over the water. Do you know what happened?? That's right God made a big wind come and the water parted and God's people walked through on dry land. What do you think the people might have seen in those big waves on both sides of them?

About now the Egyptians found the tracks of God's people and followed them on what was dry land. But strange things began to happen. The wheels on their chariots fell off and the horses couldn't pull them and they were afraid. Then do you know what happened? The water came rushing back washing all the bad people away. While God's people were safely on the other side.

Do you think they were happy? Do you think they knew God had great power? Do you think they would listen to Moses said from now on?

Well, they were very happy and all sang a song to God maybe like this:

God is so good

He's so good, do you know that song? Sing it with us.

God is so good, Halleluiah

God is so good, Halleluiah

God is so good, He's so good to me.

Now, let's talk more about Moses parting the Red Sea. Imagine standing at the edge of a huge sea with no way to get across. And behind you, a bunch of angry people chasing you. Scary, right? But Moses and God's people didn't need to be scared because God had a plan.

God knew exactly what to do. When Moses raised his hand over the sea, it wasn't just a small path that opened up. It was a big, wide road right through the middle of the water! The walls of water were like giant glass walls. Maybe the people could see fish swimming on the other side. How cool would that be?

As they walked across, they might have been amazed, looking at the walls of water. They walked on dry land, not even muddy. That's how powerful God is. He made sure they were safe and dry.

Now, think about the Egyptians chasing them. They thought they could just follow Moses and God's people through the sea. But remember, God was protecting His

people. When the Egyptians tried to go through, their chariots broke down. It was like their cars suddenly lost their wheels. They got stuck!

And then, when everyone God loved was safe on the other side, the water came back. It rushed over the Egyptians, and they couldn't chase God's people anymore. God's people were free because of Moses parting the Red Sea.

Can you imagine how Moses felt, holding up his hand and watching something so amazing happen? He was probably very thankful and amazed at what God could do. And the people, they must have been cheering and laughing, so happy to be safe.

They knew they were safe because God was with them. They saw with their own eyes how powerful God is. They learned that when things look scary, God has a plan. And God's plan is always good.

After Moses parting the Red Sea, the people sang and danced. They were so happy, they couldn't keep it inside. They wanted to thank God for saving them. They sang loud, thanking God for His goodness.

This story teaches us something very important. Even when we are scared or have big problems, God is with us. He can do amazing things to help us. We just need to trust Him, like Moses did.

So, next time you're afraid or worried, remember Moses parting the Red Sea. Remember how God took care of His people. He loves us just as much and will take care of us too.

We can be brave because God is powerful. We can be happy because God is good. And just like Moses and God's people, we can sing and thank God every day for His love and care.

God is so good, isn't He? Let's sing that song one more time together.

God is so good, Halleluiah

God is so good, Halleluiah

God is so good, He's so good to me.

Remember, no matter what happens, God is always with us, helping us through. Just like He was with Moses and His people, He's with us today. And that's something to be very happy about!

## Bible Memory Verse

**The Lord will fight for you; you need only to be still. - Exodus**

**14:14**

You Will Need:

- Construction paper (various colors)
- Scissors
- Markers or crayons
- Glue sticks
- Stickers (optional)

Get Ready:

- Cut the construction paper into large enough pieces for each child to have one.

-Prepare an example of a 'Stillness Shield' using the materials to show the children what they're aiming to create.

Do This:

1. Have each child select their preferred color of construction paper to use as the base for their 'Stillness Shield'.
2. Encourage the children to think about what 'being still' means to them and how they can remember that God fights for them. They can draw or write these thoughts on their shield.
3. Allow them to decorate their shields with markers, crayons, and stickers. Once everyone is done, have a sharing circle where each child can explain their shield and what 'being still' means to them in the context of the verse.

## Bible Interactive Experience

You'll Need:

- Blue fabric or paper streamers
- Cardboard boxes or chairs
- A small fan (optional)
- Construction paper (different colors)
- Scissors
- Glue
- Markers or crayons
- Bible or printed excerpt of Exodus 14:15-22

Get Ready:

- Arrange the blue fabric or paper streamers in the center of the room to represent the Red Sea. Use the cardboard boxes or chairs to create "walls" on either side of the sea.

- Prepare small cutouts from construction paper in the shape of people, chariots, and horses for the kids to decorate.
- Have the Bible passage printed out or marked in the Bible for easy reference.

Do this:

1. **\*\*Introduction to the Story\*\***: Start by reading Exodus 14:15-22 together. Discuss the significance of God parting the Red Sea and how it shows God's care for His people.
2. **\*\*Create Your Scene\*\***: Give the children the pre-cut shapes of people, chariots, and horses. Let them use markers, crayons, and glue to decorate their characters from the story. Encourage them to create Moses, the Israelites, and maybe even some Egyptians.
3. **\*\*Parting the Red Sea Activity\*\***: Once the characters are ready, have the children use the blue fabric or paper streamers to simulate the Red Sea. Use the fan (if available) to gently blow the streamers to one side, creating a path through the "sea." The kids can then take turns guiding their Israelite characters through the parted Red Sea, narrating their journey of escape from Egypt to freedom, emphasizing God's care and protection.
4. **\*\*Reflection and Application\*\***: After everyone has had a turn, gather the children and discuss how God takes care of His people today, just as He did for the Israelites. Encourage them to share personal experiences or ways they believe God is taking care of them and their families.

5. **Closing Prayer**: Conclude the activity with a prayer, thanking God for His continuous care and protection and asking for faith to trust Him in difficult times, just like the Israelites did.

## Snack Activity: Parting the Red Sea Crackers

You'll Need:

- Graham crackers
- Blue frosting
- Fish-shaped candies or crackers
- Plastic knives or spreaders
- Small bowls for frosting
- Plates

Get Ready: Place a graham cracker on each plate. Put blue frosting in small bowls and give one to each child along with a plastic knife or spreader.

Do this:

1. Read Exodus 14:15-22 together, focusing on how God made a way for His people through the Red Sea.
2. Spread the blue frosting on one half of the graham cracker to represent the waters of the Red Sea being parted. Leave the other half of the cracker unfrosted to represent the dry land.
3. Place fish-shaped candies or crackers in the 'sea' part of the graham cracker to represent the sea life in the Red Sea.
4. Discuss how God takes care of His people and makes a way for them, just as He did for the Israelites. Encourage the children to think of times God has taken care of them or made a way for them in their lives.

## Game Activity: Parting the Red Sea Relay

You'll Need:

- A large blue tarp or several blue sheets
- Objects to serve as 'obstacles' (e.g., cones, pillows)
- Two 'staffs' (can be sticks or pool noodles)

Get Ready: Spread the blue tarp or sheets on the ground to represent the Red Sea. Place obstacles sporadically on the 'sea' to represent the challenges the Israelites might have faced. Divide the children into two teams, each team having a 'staff' that represents Moses' staff.

Do this:

1. The objective of the game is for teams to cross the 'Red Sea' without touching the obstacles. Each team lines up at the start line, and the first player holds their team's staff.
2. On 'Go,' the first player in line must navigate across the Red Sea, avoiding the obstacles. If they touch an obstacle, they must return to the start and try again. Once they reach the other side, they pass the staff to the next player.
3. The game continues until all members of both teams have successfully crossed the Red Sea. The first team to have all members cross successfully and sit down on the opposite shore wins. Remind the children that just as God guided and protected the Israelites, He guides and protects us in our lives.

## Craft Activity: Parting the Red Sea

You'll Need:



- Blue construction paper (2 sheets per child)
- Brown construction paper
- Scissors
- Glue
- Markers or crayons
- Small toy figures (optional)

Get Ready: Pre-cut the blue construction paper into wave shapes, making sure they are large enough to cover half of another sheet of blue construction paper when placed on top. Also, pre-cut strips of brown construction paper to represent the dry land.

Do this:

1. Have the children lay one sheet of blue construction paper flat on the table. This represents the sea.
2. Next, instruct the children to glue the brown paper strips in the middle of the flat blue paper to create a path of dry land, as described in Exodus 14:15-22.
3. Then, have them place the pre-cut wave shapes on either side of the brown paper, but don't glue the top part of the waves so that they can be lifted up, simulating the parting of the Red Sea. They can use markers or crayons to add details like fish or waves.
4. If available, children can place small toy figures on the path to represent the Israelites crossing the Red Sea. This craft helps visualize the story of God's miraculous deliverance of His people.

## Prayer Activity: Parting the Red Sea: A Prayer Walk

You'll Need:

- A blue tarp or large blue cloth

- Small stones or pebbles
- Paper and pens

Get Ready: Lay the blue tarp or cloth on the ground to represent the Red Sea. Place small stones or pebbles on both sides of the 'sea' to represent the path the Israelites walked on.

Do this:

1. Read Exodus 14:15-22 together as a group, focusing on how God made a way for His people when there seemed to be no way.
2. Have each child write a prayer on a piece of paper about a time they need God to make a way for them or to thank God for a time He has already made a way.
3. Let the children walk between the 'sea' on the path of stones, symbolizing their trust in God to part the seas in their lives. As they reach the other side, have them place their written prayers in a 'Prayer Box' you've set up at the other side of the Red Sea.
4. Close with a group prayer, thanking God for His guidance and protection, and asking Him to answer the prayers the children have written.