

If You Love Me, Show Me

PRESCHOOL LESSON PLAN

Theme: Showing our love by our actions.

Scripture: John 14:15

Memory Verse: If you love me, keep my commands. - John 14:15

The Children's Sermon

Do you think Jesus likes to hear us tell him how much we love him? I am sure that he does, but I think he likes it even more when we show him how much we love him. How do we do that? Jesus made a list! The list that he made can be found right here in the Bible. Jesus said, "If you love me, you will keep my commandments." If we want to show Jesus how much we love him, we will read his Word and do what he told us to do. When you tell Jesus you love him, remember that he likes it even more when you show him – by keeping his commandments.

Dear Jesus, we love you. Help us to show that love by doing what you have told us to do. Amen.

Now, let's talk a bit more about Showing Love Through Obedience. Imagine you have a best friend, and you want to make them super happy. You might give them a big hug, share your toys, or draw them a picture. That's a lot like how we can show Jesus we love him, but instead of hugs or pictures, we show our love by following his rules, which are like special instructions to live a happy and kind life.

Jesus' instructions are pretty simple but very important. He tells us to be kind, to share, to listen to our parents, and to be honest. When we do these things, it's like giving Jesus a big, warm hug with our actions. This is what we mean by Showing Love Through Obedience.

You might wonder, "How can I remember all of Jesus' instructions?" A good way is to read stories from the Bible or listen to them at church or at home. The Bible is like a treasure map that leads us to living a life full of love and kindness. Every time you do something that Jesus teaches, you're finding a treasure that makes your heart and Jesus' heart very happy.

But what happens if we forget or make a mistake? Well, the amazing thing about Jesus is that he always forgives us. He knows we're not perfect, but he loves seeing us try our best. When we say sorry and try again, that's also Showing Love Through Obedience. It's like if you accidentally knock down a friend's block tower, saying sorry and helping to build it back up shows you care.

Let's think of some ways we can show Jesus our love this week. Maybe you can help your mom or dad with a chore without them asking, or you could share your favorite snack with your brother or sister. Perhaps you could even spend a little time talking to Jesus before bed, telling him about your day and thanking him for his help. These small acts of kindness are big ways of Showing Love Through Obedience.

And remember, Showing Love Through Obedience isn't just for when we're at church or talking about Jesus. It's something we can do all the time, everywhere we go. Whether you're at school, at the park, or at home, you can always find ways to follow Jesus' instructions and show him how much you love him.

So, dear friends, let's make a special promise today. Let's promise to try our best to show our love for Jesus not just by saying the words but by living them out every day. Let's be kind, let's be helpful, let's be honest, and let's be loving. This way, we're not just telling Jesus we love him; we're showing him with our whole hearts.

Dear Jesus, we love you. Help us to show that love by doing what you have told us to do. Amen.

Remember, Showing Love Through Obedience is one of the best gifts we can give to Jesus. It's like wrapping up all the kindness, love, and good choices we make every day and giving them to him as a present. And the best part? This is a gift we can give every single day, no matter where we are or what we're doing.

So, let's go out there and show Jesus our love, not just today, but every day. Let's fill our hearts with kindness and our actions with love. By Showing Love Through Obedience, we're not just making Jesus happy; we're making the world a brighter, kinder place for everyone.

Thank you for listening, and remember, Jesus loves you so much, and he's cheering for you as you show your love for him through your obedience. Let's make it a great week of loving and living the way Jesus teaches us.

Bible Memory Verse

If you love me, keep my commands. - John 14:15

You Will Need:

- Construction paper
- Markers or crayons
- Stickers

Get Ready:

- Cut the construction paper into heart shapes, one for each child.
- Write 'If you love me, keep my commands. - John 14:15' on each heart beforehand or have older children write it themselves.

Do This:

1. Give each child a heart-shaped piece of construction paper and markers or crayons.
2. Ask the children to think of one way they can show love by obeying at home or school. Help them write or draw this action on their heart.
3. Decorate the hearts with stickers. Encourage the children to share what they've drawn or written and discuss how each action shows love through obedience. Hang the hearts in the classroom as a reminder of how we can show love by our actions.

Bible Interactive Experience

You'll Need:

- Heart-shaped stickers
- Construction paper
- Markers or crayons

Get Ready:

- Cut the construction paper into large heart shapes, one for each child.
- Write "I show love by ____" on each heart.

Do this:

1. Read John 14:15 to the children, simplifying it to "If we love Jesus, we will do what He says."
2. Give each child a heart and some markers or crayons. Ask them to think of one way they can show love by their actions (e.g., helping a friend, listening to their parents) and draw or write it on the heart.
3. Let each child share their heart and explain their drawing. After sharing, they get to decorate their heart with heart-shaped stickers. Display the hearts in the classroom to remind them how they can show love through their actions.

Snack Activity: Love Hearts Fruit Snack

You'll Need:

- Sliced strawberries and/or watermelon
- Heart-shaped cookie cutter
- Small plates

Get Ready: Wash the fruit and have it ready on a clean surface.

Do this:

1. Help each child use the heart-shaped cookie cutter to cut out heart shapes from the slices of strawberries and watermelon.
2. As they work on their fruit, talk to them about John 14:15, explaining that when we love Jesus, we show it by following His teachings, just like we're showing our love through making these snacks for each other.
3. Once they have their heart shapes, encourage them to arrange them on their plates in a way that they think shows love. They could make a pattern or just a beautiful

arrangement. Then, have them share their fruit snack with a friend in the class, showing love through sharing.

Game Activity: Love in Action Hopscotch

You'll Need:

- Sidewalk chalk
- Small stones or bean bags
- Open space or driveway

Get Ready: Use the chalk to draw a hopscotch grid on the ground. Instead of numbers in each square, write actions that show love (e.g., 'Share', 'Help', 'Smile', 'Hug', 'Thank').

Do this:

1. Each child takes a turn tossing their stone or bean bag onto a square.
2. The child hops through the hopscotch grid, skipping the square their stone landed on. Before they pick up their stone, they must perform the action written on that square (e.g., if the stone lands on 'Hug', they give themselves a hug).
3. After completing the action, they pick up their stone, hop back, and pass the stone to the next player.
4. Encourage children to think of someone they can show love to through the action they just performed and share it with the group.

Prayer Activity: Love in Action Prayer

You'll Need:

- A small heart-shaped pillow or a heart-shaped cutout from paper
- Markers or crayons

- A basket or a box

Get Ready: Before the activity, write 'Jesus Loves Me' on the heart-shaped pillow or paper cutout. Place the basket or box in the center of the room.

Do this:

1. Gather the children in a circle and show them the heart, explaining that it represents love, specifically how Jesus loves us. Reference John 14:15, simplifying it to 'If we love Jesus, we will do what He says.'
2. Ask the children to think of ways they can show love through their actions, such as helping a friend, listening to their parents, or sharing their toys. As they share, let them draw or write their idea on the heart with markers or crayons.
3. After everyone has had a turn, lead the children in a prayer, thanking Jesus for His love and asking for help to show love through their actions. Place the heart in the basket or box as a symbolic offering of their commitment to love like Jesus.