

God's Instruction Book

PRESCHOOL LESSON PLAN

Theme: The Christian Life

Scripture: Psalms 119:105

Memory Verse: Your word is a lamp for my feet, a light on my path. - Psalm 119:105

The Children's Sermon

Every day we face situations in our life that we don't know how to handle. That is why God, our Maker, gave us an instruction book. No matter what we may face, the Bible has the answer. Many people never bother to look at the instruction book that God has given us. They just try to figure things out on their own, and they never enjoy life the way God intended.

Dear Lord, thank you for giving us an instruction book to help us know how to solve the problems that we face each day. May we remember to use it so that we can live life the way you meant for it to be lived. Amen.

Now, let's think about a time when you got a new toy, maybe one with lots of pieces or buttons. It looked so fun! But when you tried to play with it without reading the instructions, it didn't work right. You might have felt frustrated or sad. But then, when you or someone else read the instructions and showed you how to use it, suddenly, the toy became so much fun, just like it was supposed to be!

The Bible instruction works the same way. It's like the best guidebook ever for life. It teaches us how to be kind, how to forgive others, and how to be brave. It's full of

amazing stories about people who faced big problems, but with God's help, they found the way through. These stories can help us when we face our own problems.

But how can we use this Bible instruction in our daily lives? Well, it's simple. We can start by reading a little bit of the Bible every day. You can ask your parents, a teacher, or a friend from church to help you find a good place to start. There's also special versions of the Bible made just for kids, with pictures and easier words, so you can understand better.

When you read the Bible, think about the stories and what they teach us. You can talk to God about what you read, just like talking to a friend. You can ask Him to help you understand and to show you how to use what you learn in your own life.

Remember, using the Bible instruction doesn't mean we won't have problems. But it does mean we have a helper, God, who can guide us through those problems. Just like a flashlight can help us see in the dark, the Bible can light our way when we're not sure what to do.

If we don't use the Bible instruction God gave us, we might miss out on the best parts of life. We might feel lost or confused, like trying to play with a toy without knowing how it works. But when we take the time to read and understand the Bible, we can enjoy life the way God intended, full of love, joy, and peace.

So, let's make a promise together. Let's promise to try to read the Bible a little bit every day. And let's ask God to help us understand and to show us how to live the best way. With the Bible instruction and God's help, we can face anything that comes our way.

Dear Lord, help us to remember to read Your instruction book, the Bible. Help us to understand it and to use it in our lives every day. Thank you for loving us and guiding us. Amen.

And remember, if you ever have questions about what you read in the Bible or about how to use the Bible instruction in your life, you can always ask someone you trust. There are so many people who love you and want to help you learn about God's love and guidance. So, don't be shy. Ask questions, learn as much as you can, and grow in your faith. That's what the journey is all about.

Bible Memory Verse

Your word is a lamp for my feet, a light on my path. - Psalm

119:105

You Will Need:

- Flashlights (one for each child)
- Dark room or area
- Obstacle course items (pillows, cones, soft toys)

Get Ready:

- Set up a simple obstacle course in a dark room or area using pillows, cones, and soft toys as obstacles.
- Ensure the room is safe for children to navigate with flashlights.

Do This:

1. Gather the children and explain that just as they need light to see where they are going in the dark room, we need God's word (the Bible) to show us the right path in life.

2. Give each child a flashlight and have them take turns navigating through the obstacle course using the light to find their way.
3. After everyone has had a turn, gather the children and discuss how the flashlight helped them see and avoid obstacles, relating it to how God's word lights up our path and helps us avoid life's obstacles.

Bible Interactive Experience

You'll Need:

- Small flashlights or LED candles (one for each child)
- Dark room or area
- Picture of a path or simple maze printed on paper (one for each child)
- Crayons or markers

Get Ready:

- Ensure each flashlight or LED candle works.
- Print out the picture of a path or simple maze on paper, making sure it's simple enough for preschoolers to understand.
- Set up a dark room or area where the children can safely navigate with their flashlights or LED candles.

Do this:

1. Gather the children and explain that the Bible verse Psalms 119:105 says, "Your word is a lamp for my feet, a light on my path." Tell them they will use their flashlights or LED candles to learn how God's word lights up our path in life.
2. Give each child a flashlight or LED candle and turn off the lights to make the room dark. Let them turn on their flashlights or LED candles and observe how the light makes things easier to see.

3. Hand out the pictures of the path or maze and crayons or markers. Ask the children to use their flashlight or LED candle to find their way through the path or maze on the paper. As they do, explain that just like the flashlight helps them see where to go on the paper, God's word helps us know how to live and make good choices.

Snack Activity: Pathway to Light Snack

You'll Need:

- Whole grain bread
- Honey
- Butter (optional)
- Small flashlight or candle (for demonstration, not for eating)

Get Ready: Use a cookie cutter or a knife (adults only) to cut the bread into the shape of a footprint. This will represent our path.

Do this:

1. Help the children spread a thin layer of butter on their bread footprint if you're using butter. Explain that just like we spread butter to make the bread tasty, God's word makes our life better.
2. Drizzle honey over the bread in a zigzag pattern to symbolize the light on our path. Share that Psalms 119:105 says, 'Your word is a lamp for my feet, a light on my path.' Explain how God's word guides us.
3. Before eating, show the children the flashlight or candle and briefly turn it on/off to illustrate how darkness and light work. Relate this to how following God's word brings light to our lives. Enjoy the snack together while discussing how we can follow God's guidance every day.

Craft Activity: Light of My Path Lanterns

You'll Need:

- Construction paper (yellow and black)
- Clear plastic cups
- Battery-operated tea lights
- Glue sticks
- Scissors

Get Ready: Pre-cut yellow paper into small, flame-like shapes. Cut black paper into strips for handles.

Do this:

1. Let each child glue a yellow paper 'flame' to the inside of a clear plastic cup to represent the light.
2. Help children glue or tape a black paper strip to the top of the cup to serve as a lantern handle.
3. Turn on a battery-operated tea light and place it inside the cup to illuminate the 'flame'. Explain that just like the lantern lights up a dark room, God's word lights up our path in life, based on Psalms 119:105.

Prayer Activity: God's Word Lights Our Way

You'll Need:

- A small flashlight for each child
- Dark construction paper
- White crayons or chalk

Get Ready: Cut out simple footprints from the dark construction paper ahead of time.

Do this:

1. Gather the children and explain that just as we need light to see where we're going in the dark, we need God's Word (the Bible) to show us the right path in life.
2. Give each child a flashlight and a few paper footprints. Tell them the footprints represent their path in life.
3. Dim the lights in the room (ensure it's safe and there's enough light to see generally). Ask the children to shine their flashlights on the footprints and try to follow the path. As they do, encourage them to say, 'Your word is a lamp to my feet and a light to my path' from Psalms 119:105.
4. After the activity, use the white crayons or chalk to let them draw or write simple things they can do to follow God's path (e.g., being kind, praying, listening to parents) on the dark paper.